



In the splendid location of Città del Mare in Terrasini (Palermo) five days of karate, sun, sea and pleasant relax together with the World's best athletes, within a fantastic holiday village with swimming pools, disco, theatre, entertainment, local and international cuisine.



## From the 2nd to 6th of June 2010 1st International Seminar Karate & Relax

The association of the Sensei Andrea Valdesi is pleased to invite you at the event of the year: the International seminar of Città del mare (the City of the Sea)



### Kata

Luca Valdesi  
Lucio Maurino  
Vincenzo Figuccio  
Sara Battaglia  
Luca Brancaleon

### Kumite

Davide Benetello  
Stefano Maniscalco  
Salvatore Loria  
Ivan Leal (SPA)

### Regulations and rules

M° Giuseppe Zaccaro



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ORGANIZATION:  
Polo Verde



## **PROGRAM**

### **Wednesday**

at 14:00 arrival and accommodation in the rooms  
15.30-16.00 Registration check-distribution program  
16.30 - 18. Presentation teachers, early workouts

### **Thursday**

#### ***From 10.00 to 11.30***

Children up to orange belt Loria/Leal (Group 1)  
green / blue belt Maurino/Brancaleon (Group 2)  
KATA brown / black Valdesi/Figuccio (Group 3)  
KUMITE brown / black Benetello/Maniscalco  
(Group 3)

#### ***From 16.00 to 17.30***

Children up to orange belt Loria/Benetello  
green / blue belt Valdesi/Brancaleon  
KUMITE brown / black Maniscalco/Leal  
KATA brown / black Maurino/Figuccio

### **Friday**

#### ***From 10.00 to 11.30***

Children up to orange belt Figuccio/Maurino  
green / blue belt Leal/Benetello  
KATA brown / black Valdesi/Brancaleon  
KUMITE brown / black Maniscalco/Loria

#### ***From 16.00 to 17.30***

Children up to orange belt Maurino/Brancaleon  
green / blue belt Loria/Maniscalco  
KUMITE brown / black Leal/Benetello  
**black belt meeting with M ° Zaccaro** (technical  
and referees)

### **Saturday**

#### ***From 10.00 to 12.00***

KATA up to green belt Figuccio/Kline

KATA blue/ brown / black Valdesi/Brancaleon  
KUMITE up to green belt Loria/Maniscalco  
KUMITE blue/ brown / black Benetello/Leal  
**10.30 meeting with M ° Zaccaro** (technical  
and referees )

#### ***From 15.30***

### ***International Competition Sicily Cup***

### **Sunday**

#### ***From 10.00 to 11.30***

KATA Valdesi/Maurino/Figuccio/Brancaleon/  
Battaglia/Kline  
KUMITE Benetello/Loria/Maniscalco/Leal

## **F E E S \***

From Wednesday's dinner to Sunday's  
lunch (included) = €340,00

From Thursday's dinner to Sunday's lunch  
(included) = €290,00

From Friday's dinner to Sunday's lunch  
(included) = €250,00

(the above prices include the training  
sessions)

For **non-training guests** prices are as  
follows: €250 for 4 days; €205 for 3 days  
and €150 for 2 days (prices include full  
board accommodation, entrance to the  
swimming pool and disco, participation to  
all the free activities offered by the tourist  
village).

## **TRAINING SESSIONS ONLY**

6 sessions = €140 (from Thursday to  
Sunday)

4 sessions = €120

Saturday and Sunday €80.

The sessions held by Sensei Zaccaro are free  
and open only to back judges and technical  
staff staying overnight in the village.

Saturday in the afternoon will be a  
competition.

The registration fee for the International  
Karate Event is of € for those taking part to  
the five-day session, €20 for those only  
taking part to the competition.

"Città del Mare" It's very near to the airport  
of Palermo, less than 10 km (we have an  
accord with some taxi and for only 10 euro  
for person They will take you there).

To book the seminar you have to pay the 50%  
now and 50% before than 25 of April.

## **PAYMENT TO:**

Polisportiva Polo Verde AD

Via Filippo Paladini, 1

90145 Palermo

BANK: CREDEM Credito Emiliano 3032-0

ACCOUNT NUMBER : 010/0002187-1

IBAN: IT47 S030 3204 6040 1000 0002 187

**\* This fees are for person in triple room.**